

Gain the Competitive Edge! Michigan State Champions coached:

*Addi Pointer - 2005 & 2008
Jessica Guertin - 2006
Jenna Law (MI) & Michelle Grammatica (IN) - 2007
Nick Cooper - 2009
Matt Nugent (Catholic Central) - 2010
St. Mary's Memorial (OH Team) - 2011
Allison Morris - 2012 & 2015
Ricky Rutenbar (Clarenceville) - 2013
Kailee Tubbs - 2016
Oxford HS Div 1 Champion - 2018*

High School Bowling Training Camp

*Receive 1 hour of coaching each week
for 8 weeks from Professional Bowlers*

Aleta Sill & Michelle Mullen

followed by ½ hour of practice on the lanes.

Sessions limited to 10 bowlers for personal attention.

THAT IS A 1:5 COACH TO STUDENT RATIO!

Check Training Camp Schedule *Thursdays @ 1:00pm (Starting June 20, 2019)*



FEATURING DIGITAL VIDEO ANALYSIS
COMBINING THE POWER OF VIDEO WITH DIGITAL TECHNOLOGY OF COMPUTERS.
SEE YOURSELF BOWL!

Country Lanes

*30250 W. 9-Mile Rd.
Farmington Hills, MI 48336*

Your Bowling Coaches:
Aleta Sill & Michelle Mullen



Topics to be covered include:

*Grip, Armswing, Timing, Finish, Release,
Spare Shooting, the Mental Game, and more...*

Plus

Add a signed copy, only \$16.95!

*All this for just
\$200
for the 8 week session
(Beginning June 20, 2019)*

